

MATERNAL & CHILD GENERAL HEALTH



PUBLIC HEALTH UNITS

Prenatal & postnatal support, immunization clinics, early hearing program, breastfeeding clinics, speech and language services, dental and nutrition health.

1-877-935-5669 / 604-587-4600 | www.fraserhealth.ca

North Surrey Health Unit 604-587-7900

Guildford Health Unit 604-587-4750

Cloverdale Health Unit 604-575-5100

Newton Health Unit 604-592-2000

White Rock Health Unit 604-542-4000

HEALTHIEST BABIES POSSIBLE – OPTIONS

Support, health, education, nutrition and referrals for pregnant women and their babies.

604-583-1017 | hbp@options.bc.ca

100 - 6846 King George Blvd, Surrey

ABORIGINAL



FRASER REGION ABORIGINAL FRIENDSHIP CENTRE ASSOCIATION

Family Nights, ECD Outreach & Support Circles, Spirit Bear Drop In, Aboriginal Infant Development Program
604-595-1170 | www.sacsbcc.org | 10095 Whalley Blvd, Surrey

AWAHSUK HEADSTART PRESCHOOL

Aboriginal Headstart for children 3-5 intended to instill pride in their Aboriginal heritage and support transition into kindergarten.

604-584-5527 | 14589 - 108 Ave, Surrey

KEKINOW NATIVE HOUSING SOCIETY

604-591-5299 | www.kekinow.ca

ABORIGINAL SUPPORTED CHILD DEVELOPMENT – REACH SOCIETY

Provide early intervention and support for Aboriginal children with special needs.

604-946-6622 | www.reachdevelopment.org

NEWCOMERS



FIRST STEPS EARLY YEARS REFUGEE PROGRAM

A unique partnership program of DIVERSEcity, Options and Umoja to provide a range of specially designed supports to NEWLY ARRIVED refugee children & their primary caregivers so they may transition to other services.

604-547-2003 | 201-7380 137 St, Surrey

PROGRESSIVE INTERCULTURAL COMMUNITY SERVICES (PICS)

Programs for children including child care, camps, fun activities and leadership programs. 604-596-7722 x141

www.pics.bc.ca | 205-12725 80 Ave, Surrey

DIVERSEcity Community Resources Society

Multicultural settlement, parenting & counselling programs in a variety of languages for children and families.

604-597-0205 | www.dcrs.ca | 13455 - 76 Ave, Surrey

MOSAIC - Surrey Newcomers Centre

Settlement services for immigrant, newcomer & refugee communities.

778-591-9334 | 200A - 7134 King George Blvd, Surrey

BAOBAB Inclusive Empowerment Society

Skills development programs to vulnerable children, youth & families to support empowerment & integration.

604-585-6775 | www.baobabinclusive.ca

101A-14914 104 Ave, Surrey

SPECIALIZED SUPPORTS



THE CHILDREN'S FOUNDATION

Counselling, prevention & intervention services, assessment, foster care support & parent education groups.

604-434-9101 | www.childrens-foundation.org

CENTRE FOR CHILD DEVELOPMENT

Early intervention programs for children with developmental delays. Specialized pediatric medical rehabilitation services & supports. 604-584-1361 | 9460 - 140 St, Surrey
www.centreforchilddevelopment.ca

INFANT DEVELOPMENT PROGRAM – SOURCES

Home visiting program for families with infants with disabilities/delays. 604-531-6226 | www.sourcesbc.ca
882 Maple St, White Rock

MAXXINE WRIGHT COMMUNITY HEALTH CENTRE

Supports women who are pregnant or who have very young children at the time of intake who are also impacted by substance use and/or violence & abuse. 13733 - 92 Ave, Surrey
www.atira.bc.ca/maxxine-wright-community-health-centre

MINISTRY OF CHILDREN & FAMILY DEVELOPMENT – CHILD & YOUTH MENTAL HEALTH TEAMS

Wide range of community-based specialized mental health services to children & their families. See website for specific locations.

604-502-5385 | www.mcf.gov.bc.ca/mental_health

LEARNING DISABILITIES ASSOC. FRASER SOUTH

Affordable programs for children & parents with learning/attention difficulties. 604-591-5156 | www.lidafs.org

ASANTE CENTRE

Assessment, diagnostic & family support services for children, youth and adults suspected of living with FASD, Autism Spectrum Disorder & other brain-based disabilities. 778-564-7101 | www.asantecentre.org/

REACH CHILD AND YOUTH DEVELOPMENT SOCIETY

Services for children & youth with extra support needs and/or Autism Spectrum Disorder.

604-946-6622 | www.reachdevelopment.org

FREE & LOW COST SERVICES



For a **Guide to Free and Low Cost Goods and Services (including free meals) in Surrey** (Surrey Survival Guide), visit: www.options.bc.ca/publications-resources/survival-guide

Also: www.surreylibraries.ca/research/4758.aspx

FOOD SERVICES

Surrey Food Bank Society

Special programs for pregnant moms & families with young children.

604-581-5443 | www.surreyfoodbank.org

10732 City Parkway Surrey

Sources Food Bank Resource Centre

604-531-8168 | www.sourcesbc.ca

2343 - 156 St, Surrey

Muslim Food Bank

778-297-4252 | www.muslimfoodbank.com

COUNSELLING

Moving Forward Family Services

Low cost & free counselling/support in multiple languages to children, youth & families.

778-321-3054 | www.movingforwardfamilyservices.com

HOUSING & SOCIAL DEVELOPMENT SERVICES

BC Housing

1-866-866-0800 | www.bchousing.org/housing-assistance

Community Housing Registry - Options

Access a list of subsidized rental and co-operative housing for families, seniors and disabled person.

604-590-RENT | housing.registry@options.bc.ca

13520 - 78th Ave, Surrey

Ministry of Social Development Social Innovation

My Self Serve - income and disability assistance application
1-866-866-0800 | <https://myselfserve.gov.bc.ca>

The **Children's Partnership** is a cross-sector coalition of public and non-profit organizations who work together to support the health, well-being and learning potential of children ages 0-12, and their families, in Surrey and White Rock.

www.childrenspartnershipsurreywr.com

Support for this brochure was provided by:

SURREY/WHITE ROCK

Children First



RESOURCES FOR FAMILIES WITH CHILDREN (0-12) IN SURREY & WHITE ROCK

IMPORTANT PHONE NUMBERS



Police/Ambulance/Fire | 911

BC211 | 211

Free, confidential, multilingual info & referral to community, social & government services in BC | www.bc211.ca

Healthlink BC | 811

Toll-free advice for non-urgent health concerns | www.healthlinkbc.ca

Poison Centre | 1-800-567-8911

Fraser Health Crisis Line | 604-951-8855

After Hours Mental Health | 1-877-384-8062

START Team | 1-844-START11

Urgent adolescent (6-18) mental health assessment & crisis intervention

1800SUICIDE | 1-800-784-2433

Surrey Women's Centre Crisis Line | 604-583-1295

310 Mental Health Support | 310-6789 (no area code needed)

HeretoHelp BC Mental Health Info | 604-669-7600

First Nations & Inuit Wellness Helpline | 1-855-242-3310

Victim Link BC | 1-800-563-0808 | www.victimlinkbc.ca

Kids Help Phone | 1-800-668-6868 | www.kidshelpphone.ca

Postpartum Support | 1-855-255-7999 | www.postpartum.org

Surrey RCMP (Non-Emergency) | 604-599-0502

Know a child who needs help?

Call 310-1234 toll-free (no area code needed)

To use the Telephone Device for the Deaf | 1-866-660-0505

www.safekidsbc.ca

Last updated: March 2017

CHILD CARE



CHILD CARE OPTIONS RESOURCE AND REFERRAL

Information, resources and support for families and child care providers in Delta, Surrey and White Rock. Get help applying for child care subsidy, child care referral services, car seat installations and parent/child care provider workshops.

604-572-8032 | www.childcareoptions.ca
100 - 6846 King George Blvd, Surrey

CHILD & FAMILY PROGRAMS/ CENTRES (0-6 YEARS)



The following includes multi-service agencies & centres that provide drop-in programming, and support access/referral to information and services for children & families.

FAMILY RESOURCE PROGRAMS – OPTIONS

Drop-in programs that provide parents, caregivers and children 0-6 a place to play and experience fun activities in a warm and welcoming drop-in environment.

www.options.bc.ca/families-children/family-resource-programs

Clover Valley Family Resource Program
604-613-5237 | Clayton Hall 18513 - 70 Ave, Surrey

Guildford Family Resource Program
604-583-3844 | 10310 - 154 St, Surrey

Newton Family Resource Program
604-572-8032 x1650 | Newton Early Years Centre
100 - 6846 King George Blvd, Surrey

Whalley Family Resource Program
604-580-2344 | Oak Avenue Neighbourhood Hub
12740 - 102 Ave, Surrey

SOUTH SURREY/ WHITE ROCK EARLY YEARS CENTRE

Operating out of Kensington Prairie Community Centre, provides access to programs, services, information and referral for families with children (prenatal) to 6 years old in South Surrey/ White Rock.

604-535-0015 x237 | www.alexhouse.net/early-years-centre
16824 - 32 Ave, Surrey

NEWTON EARLY YEARS CENTRE

Provides access to programs, services, information and referral for families with children (prenatal) to 6 years old in Newton.

604-572-8032 x1650 | 100 - 6846, King George Blvd, Surrey

ALEXANDRA NEIGHBOURHOOD HOUSE

Operates the L'Atelier at Alexandra Family Place and Alexandra Children's Centre.

604-535-0015 | www.campalex.com | info@alexhouse.net
2916 McBride Ave, Surrey

TONG LOUIE FAMILY YMCA

Preschool, day camps, recreation and sports.

604-575-9622 | www.vanymca.org/centres/tonglouie
14988 - 57 Ave, Surrey

CITY OF SURREY – PARKS, CULTURE & RECREATION

Preschools, Stay & Play, day camps, active and fun programs for the whole family.

www.surrey.ca/culture-recreation/1702.aspx

EARLY LITERACY/ SCHOOL PREPARATION (0-6 YEARS)



The following organizations offers programs that provide opportunities for interaction and play with families/caregivers which help promote healthy development, early literacy and prepare children for school.

SURREY SCHOOL DISTRICT 36

Early learning opportunities for parents/caregivers and children prior to school entry.

604-596-7733 | www.surreyschools.ca/preschooleducation

Strong Start – Free drop-in program for parents/caregivers and their children aged birth to five years old. Parents and caregivers discover new ways to support children's learning at home while making valuable connections with others in the community. There are currently StrongStarts at 24 schools throughout the District. See website for specific locations.

SURREY LIBRARIES

Free storytimes for babies, toddlers and preschoolers! Hear stories, sing songs, laugh with puppets, practise English and meet new people. Share books with children to get them ready for Kindergarten. Get your free library card to borrow books and movies. No fines on children's materials borrowed on children's cards.

604-598-7427 | www.surreylibraries.ca

AFTER SCHOOL & RECREATION (6-12 YEARS)



ALEXANDRA NEIGHBOURHOOD HOUSE

Programs for children 6-12 years of age including child care, camps and leadership programs.

604-535-0015 | www.campalex.com | info@alexhouse.net
2916 McBride Ave, Surrey

CITY OF SURREY – PARKS, CULTURE & RECREATION

Active and fun programs available at the city recreation centres, arenas and pools.

604-591-4011 | www.surrey.ca/culture-recreation/1702.aspx

MyZone – Safe, affordable and high quality after school drop-in programs for 9-12 year olds in 10 locations across Surrey.

www.surrey.ca/culture-recreation/17668.aspx

TONG LOUIE FAMILY YMCA

Recreation and sports, leadership, crafts, drop-in, family nights, summer camps, day camps,

604-575-9622 | www.vanymca.org/centres/tonglouie
14988 - 57 Ave, Surrey

YWCA

That's Just Me & Boys 4 Real – After-school program offered at selected elementary schools to help Grade 7 girls and boys with their transition to high school.

604-895-5779 | youth@ywcavan.org

SCOUTS CANADA

After school programs for boys & girls focused on leadership and personal development. Serving Green Timbers, Nicomekl, & West SurDel Area

604-220-8381 | vfanous@scouts.ca

BC GIRL GUIDES

Age-appropriate programming for girls and young women of all ages to develop life and career skills.

1-800-565-8111 | www.bc-girlguides.org

BOYS & GIRLS CLUBS OF SOUTH COAST BC

Social and skills development focused after-school drop-in programs, evening programs and day camps.

604-495-1345 | www.bgcbc.ca
10135 - 132 St, Surrey

COMMUNITY-SCHOOL PARTNERSHIPS (SURREY SCHOOL DISTRICT)

Programs and support to vulnerable school-age children, youth and families to become to be ready, able and motivated to learn.

604-495-9440 | CSPR-Office@surreyschools.ca

UMOJA OPERATION COMPASSION SOCIETY

After school program for newcomer kids 6 to 12 three days a week and a life skill program on a Saturday.

604-581-5574 | 208 - 14888 104 Ave, Surrey

SURREY LIBRARIES

Fun & Free: homework help, book clubs, LEGO® Club, movie events, games & craft days, computer camps, Pro-D Day specials, and more!

604-598-7427 | www.surreylibraries.ca

PARENT WORKSHOPS & SUPPORT



The following organizations offer parent workshops that will provide you with information and tools to support you in developing your own ways to promote your children's growth and development.

OPTIONS COMMUNITY SERVICES

Outreach counseling services and parenting education for families to help parents strengthen their parenting skills.

604-583-3852 | www.options.bc.ca
6846 King George Blvd, Surrey

Parent Education & Peer Support Program (PEAPS)

located at the Newton, CloverValley & Whalley Family Resource Programs

– See locations and contact information under **CHILD & FAMILY PROGRAMS/ CENTRES (0-6 YEARS)** 
Family Resource Programs

CHILDREN'S FOUNDATION

Offers various parenting training workshops: Right from the Start, Triple P Positive Parenting, COPEing with Toddler Behaviour and Connect Parenting.

604-434-9101 | www.surreyearlychildhood.ca

ALEXANDRA NEIGHBORHOOD HOUSE

Parent groups & workshops including Listen To Me and Positively Parenting Programs and 1:1 Family Support Services.

604-535-0015 | www.campalex.com | info@alexhouse.net
2916 McBride Ave, Surrey

GROWING TOGETHER DAYCARE

Education and childcare program for pregnant or new mothers age 13-19 and their children 0-3.

604-584-1181 | Guildford Park Secondary
10707 - 146 St, Surrey

DIVERSEcity COMMUNITY RESOURCES SOCIETY

Immigrant Parents and Children Together (IMPACT) program for immigrant parents, grandparents and caregivers of children 0-6. Provides info, support and skill development.

604-547-1554 | www.dcrs.ca

